



**AESTHETIC
BUREAU**
Experts in Aesthetic Energy Technologies

IPL Skin Rejuvenation Workshop

Course outline:

The course explores how IPL technology can effectively target common skin concerns such as pigmentation, vascular lesions, sun damage, and overall skin texture and tone.

A thorough review of clinical protocols, case examples, safety considerations, and treatment planning, will equip the participant to confidently deliver safe, effective, and customised IPL rejuvenation treatments across a range of client presentations.

Participants will gain a solid understanding of the science behind IPL including:

- How light energy interacts with different chromophores in the skin
- How to tailor treatment settings based on skin type, condition, and desired outcomes
- The key differences between BBR in-motion for broader, low-downtime treatments and stamping techniques for more precise, focused results



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Q-Switch Rejuvenation Workshop

Course outline:

This course provides a deep dive into the science, protocols, and practical techniques behind effective Q-switched rejuvenation treatments using 532nm and 1064nm wavelengths for non-ablative skin rejuvenation.

Participants will learn:

- How each wavelength targets different chromophores in the skin
- The key benefits to Q-Switch for varying skin concerns and skin conditions
- Skin assessment techniques
- Treatment indications
- Parameter selection
- Patient safety
- Contraindications

By the end of this course, learners will be equipped to deliver targeted, safe, and effective skin rejuvenation treatments using Q-switched 532nm and 1064nm lasers, optimising outcomes through informed technique and customised treatment planning.



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IPL Hair Removal Workshop

Course outline:

A comprehensive workshop delivering the theory and practical skills required to confidently perform IPL hair removal using both:

- Traditional stamping methods
- BroadBand Rejuvenation (BBR) in-motion techniques

Participants will cover:

- Selective photothermolysis
- Hair growth cycles
- How IPL energy targets the hair follicle for effective and long-term hair reduction.
- Client assessment
- Fitzpatrick skin typing
- Treatment parameters and protocols
- Safety protocols
- Treatment planning tailored to different hair and skin types



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Q-Switch Laser Tattoo Removal Workshop

Course outline:

A comprehensive workshop delivering the theory and practical skills required to confidently perform tattoo removal using Q-Switch laser technology - Focusing on the removal of smaller, intricate tattoos and cosmetic tattoos.

Participants will cover:

- Principles of laser tattoo removal
- Selective photothermolysis and pigment fragmentation
- Tattoo ink types and colour theory (black, colour, cosmetic tattoos)

Skin anatomy and wound healing response

Client consultation and expectation setting

Medical history screening and contraindications

Fitzpatrick skin typing and risk assessment

Treatment parameters and protocols

Safety protocols

Pre- and post-care instructions

Managing normal reactions vs complications



AB Insights Hub

AB Insight Hub is an interactive Zoom-based education series designed for therapists who already have baseline device knowledge and want to refine their delivery technique to improve consistency, efficiency, and clinical outcomes.

Rather than revisiting fundamentals, this session builds on your existing foundation and focuses on the real-world challenges clinics commonly face. Each session is topic-led, based on frequent conditions and treatment struggles we see in practice, and is aimed at helping you fine-tune how you apply technique in clinic.

This is an interactive forum with a strong emphasis on shared learning. Therapists are encouraged to contribute questions, experiences, and tips from their own clinics. We'll discuss what's working, troubleshoot what's not, and explore different approaches to help maximise client results. The goal is to broaden treatment skills, sharpen clinical decision-making, and leave you with practical takeaways you can apply immediately.

The session covers:

- Technique refinement to improve coverage, flow, and treatment outcomes
- Choosing the right approach for different areas and client presentations
- Parameter confidence and recognising treatment endpoints
- Common clinic challenges and practical troubleshooting
- Safety and best-practice reminders
- Peer discussion and idea-sharing to expand therapist skills
- Live Q&A for real-time support

Clinics will finish the session with clearer technique control, fresh ideas, and practical adjustments to boost client results.



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Interstate Practical Workshop In-motion vs Stamping

Course Outline:

A hands-on interstate workshop designed for therapists who already have baseline device knowledge and want to refine their delivery technique to improve consistency, efficiency, and clinical outcomes.

Rather than re-teaching fundamentals, this session focuses on elevating your practical skillset, building confidence in real-world application, and helping you choose and execute the right technique for the right client and area.

Participants will cover:

- Technique refinement to enhance outcomes
- Clinical decision-making
- Parameter confidence
- Efficiency in practice
- Common challenges & troubleshooting
- Safety & best-practice refreshers
- Practical coaching and live demonstration